

# NORTH HAMPSHIRE ROAD CLUB.

## North Hampshire Road Club 10 Miles Time Trial.

For and on behalf of Cycling Time Trials under its rules and regulations.

**Saturday 22<sup>nd</sup> May 2021**

**Time of Start 14:00**

**Event Secretary:** Alison Hitchcock  
27 Heron Way.  
Basingstoke.  
RG22 5QF  
Mobile- 07801 441172  
07815 734691 (Michael also there on day)

Please use my mobile number on the day  
Email- hitchcock\_alison@hotmail.com

**Timekeepers:** Maria Golden, A3crg  
Deana Rice, Farnham RC

**Event Headquarters: Bentley Memorial Hall,  
Alton Rd, Bentley GU10 5NB  
Open from 12.30.**

### IMPORTANT NOTES

- **Please respect the local residents of Bentley by parking considerately.** Do not park on the road near the headquarters, even for a short period of time. Please adhere to the guidance on the parking diagram included. If we receive complaints, we may lose Bentley Memorial Hall as an option for the HQ. This could potentially mean the end of up to 20 open events on the course during the year.
- Please **respect** the volunteers from NHRC and the timekeepers who are giving up their time to help out.
- Please sign on and collect your numbers from the headquarters.
- Position your main number so that it is visible from the rear when in the racing position.
- This event **may be subject to a Doping Control** - It is your responsibility to check by returning to the HQ and signing in as soon as possible after you finish.
- **No cleats or bikes in in the hall.**
- Please allow at least 10 minutes to get to the start.
- The start is on the opposite side of the carriageway from the HQ. Riders should only use designated crossing points and must not climb over the central reservation. Anyone seen doing so will be disqualified from the event.
- **Head-down riding kills** – if dangerous riding is witnessed it will be investigated and reported.
- No vehicles, except those of the timekeepers, shall be parked at the start or finish

# Attention all competitors.

We hope to be able have full use of the hall on the 22nd but if this is not allowed by then we will set up outside the hall.

**No prizes will be presented on the day.**

Please note that for all competitors are required personally to sign the signing out sheet when returning their number. Failure to do will result in the competitor being recorded as DNF.

## COVID-19 Guidelines.

- If you feel at all unwell or are showing signs of Covid 19 DO NOT come to this event
- Please bring your own pen to sign on with, and pins if you require them for your number
- Please wear a face covering at appropriate times.
- There will be toilet facilities but these are not to be used as changing rooms.
- Please maintain social distancing at all times.
- Having finished your race, you will be expected to return your number, sign out and then leave.
- These restrictions are not there to make it difficult for either you or the volunteers. They are there to minimise the risk of spreading COVID-19 virus.
- Thank you for your co-operation

Please check that you have their number attached and, b) have a working rear light. If either of these are missing you will not be permitted to race.

There will be no “pusher offer” and you will have to do a standing start on your own. Rolling starts will not be permitted.

## ADDITIONAL NOTES.

Car parking is available at the HQ and in the lay-bys past the finishing point.



- Please park considerably on these roads
- Please DO NOT PARK on these roads

## LONDON WEST DC

We have received complaints from the residents of Bentley about inconsiderate car parking by cyclists taking part in Time Trials. In order to avoid these escalating we urge all riders to park considerably and not to obstruct footpaths especially on River Road where you should NOT PARK on the Eastern side between Main Rd and the new estate

## DISTRICT REGULATIONS

No vehicles, except those of the timekeepers', shall be parked at the start or finish.

Riders must not cross the central reservation unless using one of the specific breaks in the reservation for that purpose All breaches of Local Regulations shall be reported in writing to the London West District Secretary.

### Additional notes

To reach the Headquarters at the Bentley Memorial Hall riders must only cross over to the other side of the A31 by using one of the breaks in the central reservation provided for that purpose. Any person associated with the event that is observed crossing to the other side by any other means will be reported to the police and the London West District Committee of the CTT.

To reach the start from the headquarters in Bentley, go eastwards through the village to join the A31 to cross to the right hand lane after 850 yards (there are lane markings) and cross over to the south side of the A31 at the Gravel Hill road junction and continue for 760 yards to the lay-by start point.

After finishing, riders must not stop but continue to one or other of the central reservation breaks, cross over with great care and go westwards and along the Bentley By-pass to fork left onto the slip road signposted 'BENTLEY'. Go right at the 'T' junction and the Bentley Memorial Hall is ahead of you.

## IN THE INTEREST OF YOUR OWN SAFETY

In the interest of your safety, *Cycling Time Trials* and the promoter strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

## Prize List.

### Men

1<sup>st</sup> £30.00

2<sup>nd</sup> £20.00

3<sup>rd</sup> £10.00

### Ladies

1<sup>st</sup> £30.00

2<sup>nd</sup> £20.00

3<sup>rd</sup> £10.00

### Under 23's

1<sup>st</sup> £30.00

### Vet on Standard

1<sup>st</sup> £30.00

2<sup>nd</sup> £20.00

3<sup>rd</sup> £10.00

1<sup>st</sup> Tandem £30

£10 prize for 10<sup>th</sup>, 20<sup>th</sup>, 30<sup>th</sup>, 40<sup>th</sup>, 50<sup>th</sup> & 60<sup>th</sup> positions

## COURSE H10/8 BENTLEY

| OS Ref |  | Distance |
|--------|--|----------|
| 796442 | START at a point in the lead out onto the A31 from the lay-by on the South side at the commencement of the Bentley by-pass, approximately 800 yards West of the Bull Public House on the North side of the A31 and 5 yards beyond the last but one drain grating and 25 yards short of the large road direction sign marked "BENTLEY 1/2m" | 0.000    |
| 736403 | Proceed (care) to join the A31 and continue to go Westwards along the Bentley by-pass through Froyle to the Holybourne roundabout (Turn)   | 4.702    |
| 802443 | Circle the roundabout (M2, M3, M4) and take the third exit back on to the A31 to retrace, going through Froyle and along the Bentley by-pass to a point 10 yards beyond the concrete end of a water culvert on the North side and 63 yards short of the Gravel Hill Road minor crossroads and 163 yards short of The Bull to where FINISH  | 10.000   |
|        | (Distance between start and finish is 697 yards)   |          |